Spring 2016

Consider these Course Options

MHS 3411 Multidisciplinary Behavioral Healthcare
Instructor: Khary Rigg, PhD • CRN: 11484 • Time: F 2:00 p.m. - 4:45 p.m.
Learn about lobotomies to psychotherapy, from asylums to group homes, from witchcraft to understanding, and treatment from padded cells to new generation medications. This course introduces the student to the history and to the current system of behavioral healthcare services in our communities. The class will also provide you with basic counseling skills and a national certificate in Mental Health First-Aid. Guests will share their experiences and describe their work with vulnerable individuals who struggle with recovery from addictions or psychoses.
MHS 3411 is the introduction course for the Behavioral Healthcare major and minor degree curriculum and for concentrations in the AS to BS degree, Bachelor’s in General Studies, Health Sciences and Interdisciplinary Social Sciences. Course is open to Juniors and Seniors with no required pre-requisites.

MHS 4463 Suicide Issues in Behavioral Healthcare
Instructor: Stephen Roggenbaum, MA • CRN: 19538 • Time: F 11:00 a.m. - 1:45 p.m.
Ninety percent of individuals who die by suicide have a diagnosable mental health condition. Although suicide is a rare event, it is essential for behavioral healthcare staff to be informed. It is important for everyone in the behavioral healthcare field (and the helping profession in general) to be knowledgeable regarding risk and protective factors for suicide that could impede or facilitate care and intervention. Additionally, familiarity with the warning signs of suicide risk helps caseworkers and other professionals identify those individuals who might be at higher risk for suicide so that individuals can be identified and proper care provided. Equipping students and future professionals with knowledge to debunk common myths and serve as resources in their agencies is an important outcome.

MHS 4023 Recovery-Oriented Mental Health Services
Instructor: James Winarski, MSW • CRN: 21760 • Time: F 8:00 a.m. - 10:45 a.m.
The implementation of recovery-oriented services is consistent with policy changes taking place at both the state and national levels. These changes are the result of advances in our understanding about the course and treatment of psychiatric disorders: longitudinal research has demonstrated that recovery is a reality for as many as two-thirds of individuals with serious mental illnesses. President Bush’s New Freedom commission recommended the transformation of the nation’s mental health care to ensure that our systems, programs, and services actively facilitate the process of recovery (New Freedom Commission on Mental Health, 2003).
This course will provide students with an orientation to the principles and practices that promote the process of recovery and rehabilitation for individuals with severe mental illness. Students will learn about the fundamentals for providing person-centered care in partnership with consumers of mental health services, as well as the key components of
programs and services that support the integration of consumers into meaningful community roles. Each class will provide students with information specific to the recovery-oriented practice, a consumer’s perspective of this information, and a class exercise to promote synthesis and integration into real-life practice.

**MHS 4931 Cultural Diversity, Disparities, and Behavioral Health**

*Instructor: Kyaien Conner, PhD  •  CRN: 13624  •  Time: TR 3:30 p.m. - 4:45 p.m.*

The primary aim of this course is to provide future behavioral health professionals with a broad overview of cultural diversity issues with a focus on race/ethnicity, gender, sexual orientation and identity, class and disability. Health and mental health disparities facing these diverse populations, a major public health problem of interest, will be identified and discussed. In discussing disparities, we will be using cultural diversity as the conceptual framework for thinking about the role of behavioral health practitioners, the behavioral health community and policy makers in identifying solutions for addressing disparities and mitigating their impact on vulnerable populations. As part of this process, students will be exposed to a myriad of diversity concepts. Students will explore their own diversity as well as think critically about their own personal and professional roles in eliminating health disparities. In addition, students will have an opportunity to engage in critical thinking regarding current social and health problems that impact the health, mental health and quality of life of diverse populations in the United States and internationally. Lectures, in-class discussions, reflections on reading assignments, guest speakers, and video documentaries will be utilized to achieve the course objectives and learning outcomes.

**MHS 4455 Drug Abuse Prevention and Treatment**

*Instructor: Khary Rigg, PhD  •  CRN: 21761  •  Time: F 11:00 a.m. - 1:45 p.m.*

This course will focus on drug abuse (DA) prevention and treatment from a behavioral health perspective. The first half of the course will focus on the types of prevention programs that exist and how they are developed, tested, and validated. We will discuss issues that include the science of DA prevention, prevention curricula in schools, community-focused prevention, prevention in the workplace, and program implementation. The second half of the course will focus on the array of available DA treatments, including outpatient/residential services, prison alternatives, and the growing number of medication-assisted treatment options including methadone maintenance. The course will also inform students on several important debates within the field of DA such as the viability of a harm reduction approach, the evolution of the D.A.R.E. program, and marijuana legalization. The overall structure of the course will include lectures, in-class discussions and exercises, student presentation of reading assignments, guest speakers, and video clips. This course will be specifically geared toward students with an interest in the behavioral healthcare field, but is also appropriate for public health, psychology, sociology, criminology, nursing, education, or social work majors.

**MHS 4931 Alcohol, Drugs, and Crime**

*Instructor: Kathleen Moore, PhD  •  CRN: 21777  •  Time: T 5:00 p.m. - 7:45 p.m.*

This course will provide an overview of research and clinical techniques related to the assessment, diagnosis and treatment of alcohol/drug use and the intersection with criminal behavior and the criminal justice system. We will focus on problem drinking among criminal-justice-involved groups (including victims, and those who are at high-risk for justice involvement), as well as interventions targeted toward individuals in the justice setting, such as those who have received a DUI, those who perpetrate or are victims of violence; among others. The overall structure of the course will focus on readings and discussing empirical articles or text readings, engaging students in class discussion and critical thinking through writing and oral
MHS 4434 Behavioral Health and the Family
Instructor: Richard Weinberg, PhD • CRN: 21753 • Time: M 12:30 p.m. - 3:15 p.m.

This course is intended for students who are interested in a deeper understanding of the intersection of families, biomedical health and behavioral health. It will address the powerful ways in which illness, injury, and disability affect not only the person with a health condition, but also this person’s loved ones; and also the ways in which families influence recovery, healing, and health in general. Among the many topics covered are:

- What is a family and how do families operate (e.g., positive feedback loops, boundaries, alliances, power, communication, triangulation, enabling, etc.)
- How does stress affect families, and how do healthy families cope during hard times.
- Key features of illness/injury (e.g., intensity of onset, course of illness, acute vs. chronic, etc.) & how each affects the family.
- How do broader aspects of society (e.g., poverty, violence, culture, ethnicity, etc.) affect families, health, & recovery.
- What is the family life cycle and how does it influence health.
- How does spirituality influence adaptation to illness and recovery.
- How does Positive Psychology and the new field of Relationship Science affect families, health, and general well-being.
- Professional issues: How do mental health professionals work with physicians, families, and the broader healthcare delivery system when illness strikes.

http://mhlp.fmhi.usf.edu/academics/Behavioral_Healthcare_Major.cfm